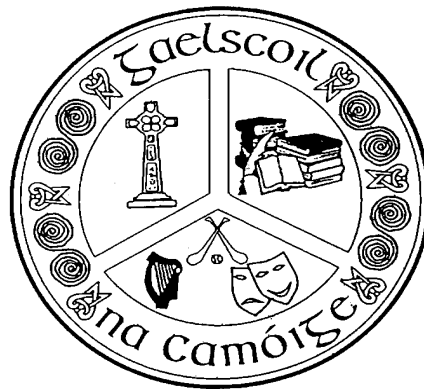


**Polasaí Oideachas Sóisialta
Pearsanta agus Sláinte**

le

**Polasaí Oideachais Caidrimh agus
Gnéasachta**



Gaelscoil na Camóige

Foramharc

Cuireann oideachas sóisialta, pearsanta agus sláinte (OSPS) deiseanna sonracha ar fáil chun forbairt phearsanta, sláinte agus folláine an pháiste aonair a chothú, chun cuidiú leis/léi caidreamh tacúil a chruthú agus a choinneáil agus bheith ina s(h)aoránach gníomhach freagrach sa tsochaí. Trí chlár don OSPS atá pleanáilte agus comhsheasmhach ar fud na scoile, is féidir le páistí creatlach de luacha, dearcadh, tuiscint agus scileanna a fhorbairt a thabharfaidh treoir dá gcinntí agus dá ngníomhartha san am i láthair agus san am atá le teacht.

Réasúnaíocht

Tá sé d'aidhm ag OSPS féinmheas agus féinmhúinín a chothú agus leagann sé béim faoi leith ar mhothú d'fhreagracht phearsanta as iompair agus as gníomhartha an duine féin. Cothaíonn OSPS féinmheasacht agus tuiscint trí cabhrú le páistí a gcuid mothúchán féin a ainmniú agus a bhainistiú, chun aitheantas a thabhairt agus meas a bheith acu ar inniúlachtaí an duine aonair, agus chun déileáil le hathruithe de gach saghas. Is féidir leo foghlaim conas a n-iompar féin a bhainistiú agus conas spriocanna pearsanta a leagan amach agus a bhaint amach laistigh de thimpeallacht shábháilte thacúil. Méadóidh a leithéid d'fhorbairt phearsanta mothú an pháiste gur féidir leis/léi a bheith éifeachtúil agus cabhróidh sé leis/léi níos mó smachta a bheith aige/aici ar a s(h)aol féin.

OSPS sa Churaclam

Dearadh an curaclam ionas go gcaithfear leis na diminsiúin shóisialta, phearsanta, agus sláinte i saol na linbh ar bhonn comhtháithe. Déanann sé foráil do raon leathan luachanna, dearcadh, scileanna agus tuisceana a fhorbairt atá bainteach le sláinte agus folláine an pháiste, daoine eile agus na sochaí ina mhaireann sé/sí. Cabhróidh an bunús seo le gníomhartha, iompraíocht agus cinntí an linbh sna suímh uile a thiocfaidh aníos agus a bheidh air/uirthi déileáil leo sa ghnáthshaol.

Tá an curaclam briste suas i gceithre leibhéal - ranganna na naíonán, rang a haon agus a dó, rang a trí agus a ceathair, rang a cúig agus a sé - agus tá sé roinnte i dtrí snáithe: *Mise*, *Mise agus daoine eile*, agus *Mise agus an domhan mór*. Tá gach ceann de na snáithe seo forinnte i roinnt snáithaonaid nó i réimsí ábhar mar seo a leanas:

Mise

- Féinaithne
- Ag tabhairt aire do mo chorp
- Ag fás agus ag athrú
- Sábháilteacht agus cosaint

Mise agus daoine eile

- Mise agus mo theaghlach
- Mo chairde agus daoine eile
- Caidreamh le daoine eile
- Ag déanamh cinntí

Mise agus an domhan mór

- Ag forbairt saoránachta
- Oideachas na meán cumarsáide

Sainspiorad na Scoile:

Cuireann Sainspiorad Ghaelscoil na Camóige le réasúnaíocht an churaclaim OSPS mar a fheictear thíos;

Ta sé mar aidhm ag Gaelscoil na Camóige sár oideachas a chur ar fáil trí mheán na Gaeilge le sainmheon Caitliceach do pháistí an cheantair. Déantar é seo trí ionad foghlama, atá sábháilte, spreagúil agus tuisceanach a chothú a fhreastalaíonn ar riachtanais gach páiste. Tá naisc le muintir na háite an-tábhachtach i saol na scoile agus is tríd na naisc seo a chothaítear dílseacht dár n-oidhreacht, dár gcultúr is dar dteanga.

Cuireann an scoil go mór le réasúnaíocht an ábhair seo tríd an mbealach ina gcaitheann an fhoireann lena chéile, leis na páistí, le tuismitheoirí agus le cuairteoirí. Freisin déanann gach múinteoir an-iarracht atmaisféar atá dearfach, spreagtha agus ar aon dul leis an réasúnaíocht atá taobh thiar den ábhar seo agus aithníonn an scoil na féidearthachtaí traschuraclaim chomh maith.

Leagann an múinteoir ranga na rialacha iompair i gcomhair leis na páistí síos roimh thús an chláir seo agus déantar athbhreithniú orthu nuair is gá.

Leagan amach na Bliana:

Tá sé intuigthe againn mar scoil go gclúdófaí na snáitheanna agus na snáithaonaid atá leagtha amach i gCuraclam na Bunscoile 1999. Is faoi na múinteoirí ranga atá sé a bheith cinnte go bhfuil sé clúdaithe ina n-iomlán acu thar tréimhse dhá bhliain. Socraíodh go múnfaí na cláir seo a leanas;

Misneach agus Bí Sábháilte: Tá ocht leabhar ar fáil (ceann in aghaidh an ranga) agus múintear é seo gach bliain i Mí Feabhra.

Fan Slán: Múintear an clár seo ina n-iomlán do gach rang.

Oideachas Caidrimh agus Gnéasachta: Múintear an clár seo i ngach rang. Múintear é i mí Aibreáin. Bíonn lá iomlán ag Rang a 5 agus Rang a 6 le éascaitheoir ó ACCORD. Bíonn an lá sin ar siúl i Mí Bealtaine. (Féach ar pholasaí na scoile maidir le hOideachas Caidrimh agus Gnéasachta thíos)

Polasaí Oideachais Caidrimh agus Gnéasachta na Scoile:

Cuireadh an pholasaí seo le chéile i gcomhpháirtíocht le foireann, tuismitheoirí agus bord bainistíochta na scoile. Úsáideadh na hacmhainní seo a leanas i ndruchtú an pholasaithe seo;

- Curaclam na Bunscoile, Oideachas Sóisialta, Pearsanta agus Sláinte (1999)
- Pacáiste Acmhainne don Oideachas Caidrimh Agus Gnéasachta i mBunscoileanna
- OCG Ag Dul ar aghaidh le Chéile (1997)
- Oideachas Caidrimh agus Gnéasachta, Treoirlínte Polasaí (1997)
- OCG mar chuid den OSPS (1996)

- Ag Déanamh na Naisc i OSPS
- Ionad Oideachais Dhroim Conrach – Seirbhís Tacaíochta d'Oideachas Caidrimh agus Gnéasachta
- Gnéaschlaonadh – Comhairle do Bhunscoileanna (edrumcondra.ie)

Mar a fheictear thuas, tá Oideachas Caidrimh agus Gnéasachta (OCG) mar chuid den ábhar Oideachas Sóisialta, Pearsanta agus Sláinte. Soláthraíonn OCG deiseanna struchtúrtha do pháistí chun an t-eolas, an dearcadh, na luachanna, an creideamh agus na scileanna praiticiúla a fhorbairt atá riachtanach chun caidreamh pearsanta sláintiúil mar pháistí agus, ina dhiaidh sin, mar dhaoine fásta a bhunú agus a chothú.

Múintear an clár 'Oideachas Caidrimh agus Gnéasachta' go foirmiúil i Mí Aibreáin.

Modhanna Múinteoireachta:

- Scéalta agus Dánta
- Plé sa Seomra Ranga
- Grúpobair
- Cluichí
- Gníomhaíochtaí Ealaíne
- Am Ciúin
- Ciorcal Ranga
- Cuairteoir ar an Seomra Ranga – Accord (Rang a 5 agus Rang a 6)
- Drámaíocht Oideachais

Tábhachtach na dTuismitheoirí:

Cuirtear na tuismitheoirí ar fad ar an eolas faoin bpolasaí seo le linn an próisis clárúcháin. Meabhraítear í sa Nuachtlitir. Is féidir leis na dtuismitheoirí cruinniú a eagrú leis an múinteoir ranga chun ceisteanna íogair a phlé leo. Rachaidh na múinteoirí tríd ábhair na bliana leo. Cuirtear nóta abhaile chuig na tuismitheoirí uilig ag meabhrú faoin gclár roimh a thosaítear é ar bhonn scoile i mí Aibreáin. Cuirtear an t-eolas ó Accord abhaile le tuismitheoirí Rang a 5 agus a 6. Iarrtar ar thuismitheoirí na foirmeacha toilithe a shíniú agus iad a sheoladh ar ais chuig an scoil chomh maith.

Naíonáin Bheaga:

Ceachtanna:

1. Seo Mise / Cé Tusa? (lch 15)
2. Tá mothúcháin againn (Lch 59)
3. Beatha Nua (Lth 67)
4. Fásaim (Lth 77)
5. Ag Déanamh Roghanna (Lth 85)

Ón Leabhar Ábhair Acmhainní don Oideachas Caidrimh agus Gnéasachta Naíonáin Shóisearacha agus Naíonáin Shinsearacha)

Naíonáin Mhóra:

Ceachtanna:

1. Féach cad is féidir liom a dhéanamh/ Seo iad mo theaghlach / Is féidir liom a bheith sábháilte (Lch 99/107/123)
2. Ag tabhairt aire do Bheatha Nua (Lth 137)
3. Mo Chorp (Lth 147)
4. Fásaim agus Athraím (Lth 157)

Ón Leabhar Ábhair Acmhainní don Oideachas Caidrimh agus Gnéasachta Naíonáin Shóisearacha agus Naíonáin Shinsearacha)

Ceisteanna Íogair:

Mo Chorp: Úsáidtear na bábóga (an cúpla) don cheacht seo. Tugadh folcadán dóibh agus gléastar iad. Tugtar na focail péineas agus penis agus faighin agus vagina do na páistí le linn an cheachta seo. Glaotar na codanna príobháideacha orthu toisc go mbíonn na codanna seo den chorp clúdaithe againn de ghnáth.

Rang a 1:

Ceachtanna:

1. Rudáí is maith liom a dhéanamh / Mo Chairde / Sábháilteacht (Leabhrán R.1, Lch. 15/23/39)
2. Iontas Beatha Nua (Lch. 59)
3. An chaoi a bhfeidhmíonn mo chorp (Lch. 67)
4. Leis an bhfás tagann athruithe (Lch. 77)

Ón Leabhar Ábhair Acmhainní don Oideachas Caidrimh agus Gnéasachta Rang a 1 agus a 2)

Rang a 2:

Ceachtanna:

1. Tá daoine eile speisialta / Cairdeas / Sábháilteacht (Leabhrán R.1 & R.2, Lch. 103 / 113 / 131)
2. Iontas Beatha Nua (Lch. 151)
3. Nuair a theastaíonn aire speisialta ó mo chorp (Lch. 161)
4. Fás agus Athrú (Lch 171)

Ón Leabhar Ábhair Acmhainní don Oideachas Caidrimh agus Gnéasachta Rang a 1 agus a 2)

Ceisteanna Íogair:

Ba chóir úsáid na dtéarmaí cruinne do pháirteanna an choirp ionas go dtugtar stádas inghlachthacht do na téarmaí sin. Mar shampla – ‘Tá babaí ag mo Mhamaí ina bolg’. Is féidir leis an múinteoir an deis sin a úsáid chun a mhíniú gurbh éard a thugtar ar an áit speisialta i gcorp mná ina gcaitheann páiste naoi mí sula saolaítear é/í ná broinn.

Rang a 3:

Ceachtanna:

1. Tallanna Speisialta / Troideann Cairde Uaireanta (Leabhar R.3 &R.4, Lch.17 / 27)
2. Ag ullmhú do Bheatha Nua (Lch 69)
3. Ár gcéadfaí (Lch. 81)
4. Athraím de réir mar a fhásaim (Lch. 93)

Ón Leabhar Ábhair Acmhainní don Oideachas Caidrimh agus Gnéasachta Rang a 3 agus a 4)

Rang a 4:

Ceachtanna:

1. Mé féin agus daoine eile / Mo Theaghlach (Lch. 117 / 137)
2. Maitsíneacht (Búlaiócht – Lch 127)
3. Iontas Beatha Nua (Lch 169)
4. Fás agus Athrú (Lch. 195)

Ón Leabhar Ábhair Acmhainní don Oideachas Caidrimh agus Gnéasachta Rang a 3 agus a 4)

Ceisteanna Íogair:

Iontas Beatha Nua: Léann an múinteoir an scéal ‘Duine éigin Speisialta’ i ndiaidh obair ar an atmaisféar cuí a fháil sa rang. I ngrúpaí de 4 nó 5 oibríonn na páistí ar an gníomhaíocht ag cur na bpictiúr in ord agus iad a mheaitseáil leis na hamchártaí agus na cártaí eolais. (An leanbh ag fás sa bhroinn)

Fás agus Athrú: Pléitear na hathruithe seo a leanas le linn an cheachta seo; buachaill go fear agus cailín go bean, athruithe crutha, míostrú, athruithe sa ghuth, athruithe i bpatrúin chairdis, athruithe i ngiúmar, gruaig an choirp agus athruithe sa chraiceann.

Treoiríníte don Mhúinteoir:

Má chuirtear aon cheist ar an múinteoir ag lorg a thuilleadh eolais (mar shampla, conas gur éirigh leis an bpáiste a bheith sa bhroinn?.....) ní mór don mhúinteoir a rá go ndéanfaí a thuilleadh ar sin nuair a éiríonn na páistí níos sine ach gur féidir leo an cheist a chur ar thuismitheoirí sa bhaile.

Rang a 5:

Ceachtanna:

Clúdaíonn an Múinteoir Ranga na ceachtanna seo:

1. An Duine ar Mé / Cineálacha Dífriúla Cairde (C.1, Lth. 25 / C.2, Lth. 37)
2. Sábháilteacht (lch 61)

Déanann ACCORD an cúrsa Oideachais Caidrimh agus Gnéasachta le Rang a 5 agus Rang a 6. Clúdaíonn said na hábhair seo:

3. Fásann agus athraíonn mo chorp. (lch 81)
4. Beatha Nua.(lch 93)

Ón Leabhar Ábhair Acmhainní don Oideachas Caidrimh agus Gnéasachta Rang a 5 agus a 6)

Ceisteanna Íogair:

Déanann duine eolach ó ACCORD an cúrsa seo le Rang a 5 agus Rang a 6. Caitheann sí lá iomlán leis an rang.

Rang a 6:

Ceachtanna:

Clúdaíonn an Múinteoir Ranga na ceachtanna seo:

1. Mise agus mo Bharrmhianta (C.1, Lth.131)
2. Mo Theaghlaigh (C.3, Lth. 151)
3. Sábháilteacht agus Sláinte (C.4, Lth. 163)

Ón Leabhar Ábhair Acmhainní don Oideachas Caidrimh agus Gnéasachta Rang a 5 agus a 6.

Déanann ACCORD an cúrsa Oideachais Caidrimh agus Gnéasachta le Rang a 5 agus Rang a 6. Clúdaíonn said na hábhair seo:

4. Ag fás agus ag Athrú.
5. Caidrimh agus Beatha Nua.

Ceisteanna Íogair:

Déanann duine eolach ó ACCORD an cúrsa seo le Rang a 5 agus Rang a 6. Caitheann sí lá iomlán leis an rang.

Treoiríníte don Mhúinteoir:

- Tá sé fíor-thábhachtach go gcaitheann an múinteoir am ar an atmaisféar cuí a bhaint amach sa rang sula dtosaítear ar na ceachtanna seo. Mar chuid den chonradh ranga is gá cur isteach nach gcuirfí aon cheisteanna pearsanta ar aon duine faoi leith agus gur fearr ceisteanna ginearálta a chur. Is gá rúndacht a mhíniú do na paistí chomh maith. Is gá a mhíniú do na páistí gur smaoineamh maith é dul abhaile agus na ceachtanna a phlé le tuismitheoirí sa bhaile agus ag an am céanna a mhíniú do na paistí nár smaoineamh maith é dul amach sa chlós agus é a phlé toisc go mbíonn páistí níos óga timpeall nach bhfuil réidh na hábhair seo a thuiscint. (Ní féidir leis an scoil a bheith freagrach as na comhráite a bhíonn ag páistí taobh amuigh den seomra ranga.)
- Ní cóir de mhúinteoirí aonair a dtuairimí agus a luachanna pearsanta a chur in iúl. Is gá an pholasáí scoile a leanúint.

- Téann an fhoireann teagaisc na scoile tríd an bpolasaí seo le linn cruinnithe ag tús gach scoil bliain.
- Coinnítear na buachaillí agus na cailíní le chéile do na ceachtanna OSPS ach tugtar am faoi leith do na buachaillí ina n-aonair agus do na cailíní ina n-aonair ceisteanna a chur le linn ceacht a 7.
- Ag Freagairt Ceisteanna – Cé go bhfuil sé tábhachtach timpeallacht a chruthú ina mothaíonn na páistí compordach ceisteanna a chur ní gá gach ceist a fhreagairt. Seo a leanas roinnt do na bealaí chun déileáil leis na ceisteanna seo;
 - Éistfidh mé agus léifidh mé gach ceist ach tá seans ann nach mbeidh mé in ann na ceisteanna go léir a fhreagairt.
 - Sin rud go bhféadfá labhairt le do thuismitheoirí / chaomhnóirí faoi.
 - Sin rud a bheidh le foghlaim agat nuair a éiríonn tú níos sine.
- Níl na topaicí seo a leanas ar chlár bhunleibhéal OCG/OSPS;
 - Homaighnéasachas ach má cuirtear ceist deir an múinteoir “ ‘Séard is brí le homaighnéasachas ná nuair a bhíonn duail ag daoine san gnéis céanna.’ Ach ní dhéantar a thuilleadh plé ar.
 - Frithghiniúint
 - Ginmhilleadh
 - Glacaireacht Aonair
 - Gnéas béil
 - Má thagann na topaicí seo anuas sa rang is gá don mhúinteoir a bheith mothálach agus a rá nach ndéanfaí plé orthu go dtí go n-éiríonn siad níos sine agus go dtí go mbeidh siad sa mheánscoil ach arís go bhféadfaidís labhairt lena thuismitheoirí / caomhnóirí faoi sa bhaile.

Múintear caidreamh collaí / gnéas i gcomhthéacs caidrimh tiomanta ghrámhair.

Cathaoirleach:

Dáta:

Dáta Athbhreithnithe: 2013/2014

Social Personal and Health Education

With

Relationships and Sexuality Education

Overview:

Social, Personal and Health Education (SPHE) provides particular opportunities to foster the personal development, health and well-being of the individual child, to help him/her to create and maintain supportive relationships and become an active and responsible citizen in society. Through the SPHE programme that is planned and consistent throughout the school, children can develop a framework of values, attitudes understanding and skills that will inform their decisions and actions both now and in future.

Rationale:

SPHE aims to develop self-respect and self-esteem while specifically emphasising our personal responsibility in relation to our own behaviour and actions. SPHE develops self-awareness and understanding by helping children to identify and manage their feelings, recognise and respect individual capabilities and deal with a variety of changes. The children are able to learn how to manage their own behaviour as well as set out and achieve their own personal targets in a supportive and safe environment. This type of personal development helps the children to feel effective and helps them to feel in greater control of their life.

SPHE in the Curriculum:

The curriculum was designed to allow the child to experience the social, personal and health dimensions through an integrated approach. It provides for the development of a broad range of values, attitudes, skills and understanding associated with the health and wellbeing of the child, other people and the society in which they live. This foundation helps the children with their actions, behaviour and decisions now and also in the future. The curriculum is divided into four levels – infant classes, 1st and 2nd class, 3rd and 4th class and 5th and 6th class. It is divided into three strands; Myself, Myself and Others and Myself and the Wider World. Each of these strands are subdivided into strand units covering the following:

Myself

- Self-awareness
- Taking care of my body
- Growing and changing
- Safety and protection

Myself and Others

- Myself and my family
- My friends and other people
- Relating to others

Myself and the wider world

- Developing citizenship
- Media Education

School's characteristic Spirit:

Gaelscoil na Camóige's characteristic spirit supports the rationale of the SPHE curriculum as you can see below;

Gaelscoil na Camóige aims to provide an excellent education for the children of the area, with a Catholic ethos, through the medium of Irish. We endeavor to create a learning environment which is safe, nurturing, understanding and motivational. The school aspires to foster strong links with the local community to promote our heritage, culture and language.

The school supports this subject's rationale in the way the staff relates to each other and to the children, parents and visitors. Every teacher works hard to achieve a positive and stimulating environment which is paramount to this subject and the school also recognizes the cross-curricular links and possibilities.

The classroom teachers set out their classroom rules in conjunction with the children and they are revised when needed.

Year's Outline:

We understand that the strands and strand units outlined in the Primary School Curriculum documents 1999 must be covered. It is the classroom teacher's responsibility to ensure that these are covered over the course of a two year period. It has been decided that the following programmes will be covered;

Walk Tall: Eight books (one for each class level) and this is taught each year starting in September.

Stay Safe: This programme is taught in full to all classes in February.

Relationships and Sexuality Education: This programme is taught in all classes. It is taught in April. 5th and 6th Classes have a full day programme with a trained facilitator from Accord. This takes place in May or June.

(Look at our school policy on Relationships and sexuality Education which follows.)

Relationships and Sexuality Education Policy

This policy was drafted with the cooperation of teachers, parents and the school's board of management. The following resources were used in the drafting of this policy;

- Primary School Curriculum - Social, Personal and Health Education (1999)
- Resource Pack for Relationships and Sexuality Education in Primary Schools
- RSE – Going Forward Together (1997)
- Relationships and Sexuality Education , Policy Guidelines (1997)
- RSE as part of SPHE (1996)
- Making Links in SPHE
- Drumcondra Education Centre – RSE Course for teachers
- Sexual Orientation – Advice for Primary Schools (edrumcondra.ie)

As seen above, Relationships and Sexuality Education (RSE) is a part of Social, Personal and Health Education (SPHE) subject. SPHE provides structured opportunities for children to develop their knowledge, attitude, values, beliefs and skills necessary to develop healthy, personal relationships as children and after this as adults.

The Relationships and Sexuality Programme is formally taught to junior infants - 6th class.

Teaching Methods:

- Stories and poems
- Classroom discussions
- Group work
- Games
- Art activities

- Quiet time
- Circle Time
- Classroom visitors
- Drama

(These are fully explained at the beginning of each class book.)

Junior Infants:

Lessons:

1. This is Me / Who are You? / People who teach me how to be safe.
2. New Life
3. I Grow
4. Making Choices

(From the book Resources Materials for Relationships and Sexuality – Junior and Senior Infants)

Senior Infants:

Lessons:

1. Look what I can do / This is my family / I can be safe
2. I have feelings.
3. Caring for New Life
4. I Grow and I Change
5. Making decisions

(From the book Resources Materials for Relationships and Sexuality – Junior and Senior Infants)

Sensitive Issues:

Lesson 3 – The baby twins are used for this lesson. The babies are given a bath and dressed. The words Penis and vagina are given to the children during this lesson in both

Irish and English. These are called the private parts because these parts of our body are usually covered up.

1st Class:

Lessons:

1. Things I Like to Do / My Friends/ Keeping Safe
2. The Wonder of New Life
3. How My Body Works
4. Growing Means Changing

(From the book Resources Materials for Relationships and Sexuality – First and Second Class)

2nd Class:

Lessons:

1. Other People are Special / Being Friends / Keeping Safe
2. The Wonder of New Life
3. When my Body needs Special Care
4. Growing and Changing

Sensitive issues:

The correct terms for the body parts are used which allows the correct terms to become the acceptable terms. For example –‘My Mammy has a baby in her tummy’. The teacher can use this opportunity to explain that the special place inside a female’s body where a child spends nine months before being born is called the womb.

(From the book Resources Materials for Relationships and Sexuality – First and Second Class)

3rd Class:

Lessons:

1. Special Talents / Sometimes Friends Fight (3rd & 4th Class Book, Pg. 17 / 37)
2. Bullying Behaviour
3. Preparing For New Life
4. Feelings and Emotions
5. As I grow I change

(From the book Resources Materials for Relationships and Sexuality – Third and Fourth Class)

4th Class:

Lessons:

1. Myself and Others / My Family
2. Bullying Behaviour
3. The Wonder of New Life
4. Growing and Changing

Sensitive issues:

The Wonder of New Life: The teacher reads the story ‘Someone Special’ after establishing the appropriate classroom atmosphere. In groups of four or five the children work on an activity to put the pictures in order while matching them with the time cards and the information cards. (The developing baby in the womb)

Teacher Guideline:

If the teacher is asked for further information(For example, how did the baby get into the womb?....) the teacher must say that this will be covered when they get a little older but that they can always go home and ask a similar question to parents / guardians.

(From the book Resources Materials for Relationships and Sexuality – Third and Fourth Class)

5th Class:

Lessons:

The Class Teacher covers the following areas:

1. The Person I Am / Different Kinds of Friends
2. Keeping Safe

ACCORD will follow the following topics of Relations and Sexuality Education with 5th and 6th Class.

3. My Body Grows and Changes
4. The Wonder of New Life.
5. Making Healthy Decisions

Sensitive Issues: This programme is taught by a trained ACCORD facilitator.

(From the book Resources Materials for Relationships and Sexuality – Fifth and Sixth Class)

Growth and Change: The following changes are discussed during this lesson; boy to man, girl to woman, changing shape, periods, voice changes, changing friendship patterns, humour changes, body hair and changes in the skin.

6th Class:

Lessons:

The Class Teacher covers the following areas:

1. Me and My Aspirations
2. Families
3. Keeping Safe and Healthy

ACCORD will follow the following topics of Relations and Sexuality Education with 5th and 6th Class.

4. Growing and Changing
5. Relationships and New Life.
6. Choices and Decision-Making

Teacher Guidelines:

- It is extremely important that the teacher spends time achieving an appropriate classroom atmosphere before starting these lessons. As part of the class contract it is important to add that no personal questions will be asked of anyone and how general questions are more appropriate. Confidentiality must also be explained to the children. Also explain to the children that it is a good idea to go home and to discuss the lessons with someone at home while at the same time explaining how it wouldn't be a good idea to go out into the yard and discuss the day's lessons because of the presence of younger children who would be too young to understand the content. (The school cannot be responsible for the conversations that children have outside of the classroom environment).
- Individual teachers are not to express their own personal opinions and values. This policy must be followed.

- The teaching staff go through this policy at a staff meeting at the beginning of each school year.
- The boys and girls are kept together for the RSE lessons but individual time is allocated to both the boys and girls to allow them ask questions without the presence of the opposite sex during lesson 7.
- Answering Questions- Although it is important to create a classroom atmosphere which allows the children to be comfortable asking questions, every question does not need to be answered. The following are some ways of dealing with questions which cannot be answered;
 - ‘I will listen and read every question but there is the possibility that I may not be able to answer all of these questions.
 - That is something you could talk to your parents / guardians about.
 - That is something you will be learning when you get a little older.
- The following topics are not on the Primary School SPHE / RSE Curriculum;
 - Homosexuality - however if a question is asked on homosexuality the teacher can define what it is by saying ‘ Homosexuality is when people are attracted to the same sex’. But there is no further discussion on the topic.
 - Contraception
 - Abortion
 - Masturbation
 - Oral Sex

If questions are asked on the following topics the teacher needs to be sensitive and explain that these will not be discussed until they get a little older and go into secondary school but that they are welcome to speak to parents and guardians about it at home.

Sexual relations are taught in the context of a loving committed relationship.

(From the book Resources Materials for Relationships and Sexuality – Fifth and Sixth Class)

